



July 2004



KATHY'S KORNER

Hi Everyone,

I hope you have all had a fulfilling summer and are ready to tackle another judging season. This newsletter is packed with information about Congress, Testing, Judge's Cup and the new changes for this year. Please make sure you read it cover to cover so you don't miss anything.

We won't be having the traditional December clinic this year so please don't wait until then to try to get your clinic points.

Region One Congress may be the last time the test is offered this year in Nor Cal as well, so if you are thinking of testing up, you may want to do it now!

I hope to see all of you at Judges Cup and hope you have a great rest of the summer.

Best Wishes,

Kathy Lopes
State Judging Director

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The NorCal NAWGWJ Board

State Judging Director	Kathy Lopes
Assignor	P.J. Slater
Active Status Coordinator	Karen Stump
Secretary	Melissa Marcucci
Technical Assistant	Toni Cupal
Trainer	Laurie Russi
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Technical Talk for 2004-2005

"What's New for the Women's Jr. Olympic Program in 2004-2005"

Submitted by Toni Cupal, Technical Assistant



There are quite a few updates to the JO rules for the 2004-2005 season. Please carefully read through the included "What's new for the Women's Junior Olympic Program in 2004-2005" and make notes in your reference materials as appropriate. I'll

call your attention to two changes that will affect all of us immediately as the compulsory season starts:

1. The use of cell phones is now prohibited in the field of play. You must have your phone off or in vibrate only mode at all times while on the floor and all calls must be made while out of the competition area.
2. If an athlete omits a major element in a compulsory exercise and then performs it later (out of order) or at the completion of the routine, the deduction for deliberate omission will be applied. The element is not to be evaluated, except in the case of a fall, for which a 0.50 deduction will be applied. (i.e. take deliberate omission and fall deductions, but do not take deductions for form breaks on any major element the gymnast performs out of order in the routine.)

Other items of interest are a couple major changes to beam connective bonus principles, a reminder that the new compulsories will go into effect August 1, 2005 (your current compulsory certification is valid through December 31st, 2005, however) and a major announcement that starting in the new quadrennium, Level 8 gymnasts will be allowed to do tuck and pike Yurchenko vaults with no twist as well as round off entry vaults that include only twisting. The last decision was controversial, but according to Tom Koll, many coaches believe that the new table makes these vaults as safe or safer for young gymnasts than Tsukahara vaults.

Have a great compulsory season and do not hesitate to call me if any technical questions come up--(650) 917-3939 or toni@cupal.com.

Information can be downloaded from: <http://www.usa-gymnastics.org/women/2004/w-joupdate2004-05.pdf>

Connie Maloney, USA Gymnastics
Women's Jr. Olympic Program Manager

May 2004

All of the following changes/clarifications are recorded in Administrative, Technical and JO Committee minutes from August 1, 2003 through May 2004 and are EFFECTIVE AUGUST 1, 2004.



I. PROGRAM UPDATES

A. J. O. LEVEL 9/10 CALENDAR FOR 2005

Preferred date for Level 9/10 State	March 19-20
Last date for Level 9/10 State Meets (with approval of RACC)	April 2-3
Level 9/10 Regionals	April 15-17
Level 10 only Regionals	April 23-24
Level 9 East/West Palmetto, FL/West-TBD	May 6-8 East-
Level 10 Jr. Olympic Nationals Ontario, CA	May 13-15

B. APPARATUS

1. **MATTING/MOUNT** clarifications: JO gymnasts may STAND on one or two competition landing mats (12 cm) or one 20 cm competition landing mat. In addition, they can also stand on up to 8" of skill cushion (sting, throw or 8" skill cushion). When mounting from a board, the board may NOT be placed on an 8" skill cushion.
 - Compulsory gymnasts (Level 1-6) may use any manufactured mat, spotting block or board for mounting purposes.
2. **VAULT:** The MAXIMUM height of the vault table is now 135 cm. for all levels and age groups in the Jr. Olympic Program.
3. **BARS:** If the bars have a slider mechanism on both bars, it is strongly suggested that the coaches keep the low bar slider all the way up and only make adjustments with the high bar slider to expedite changes in bar settings.
4. **FLOOR EXERCISE:** If the Floor Exercise mat has two colors to distinguish the border rather than a solid color with taped boundary lines, it is permissible to place small pieces of tape (of the same color as the floor area carpet) at the inside corners of the boundary to assist the gymnast's awareness of the actual boundary.

C. MINIMUM AGE FOR COMPETITION

A gymnast must have had her:

- 4th birthday to participate in a Level 2 USAG-sanctioned competition.
- 5th birthday to participate in a Level 3 USAG-sanctioned competition.

All other age minimums for Levels 4-10 remain as listed in the *Rules and Policies*.

"What's New for the Women's Jr. Olympic Program in 2004-2005"

D. LEVEL 9 AGE DIVISIONS

There are now eight (8) age divisions for Level 9 (Jr. A-D and Sr. A-D). Level 9 East/West Championships will now have 384 athletes each, with competition conducted on Friday morning/afternoon for the Jr. A & Jr. B divisions; Jr. C/D and Sr. A compete on Saturday and Sr. B-D compete on Sunday.

E. ALTERNATES TO LEVEL 9 EAST/WEST AND JO NATIONALS

If a qualifier is injured/ill within 48 hours of the start of competition for her specific age division, the first alternate from the same region will be contacted. If the 1st alternate is not present at the meet site and is unable to participate, the second alternate, if in attendance, may be called upon to replace the injured/ill athlete.

F. PROCEDURES FOR INJURY PETITIONS

If a gymnast completes all four events at the qualifying meet, she is not eligible to petition and advance to the next competition.

G. TIMED WARM-UPS

For meet formats that provide only one Floor Exercise mat (or one FX mat and a tumbling strip), the Meet Director is allowed to use any of the following timed/touch warm-up procedures:

1. Squad of 8 or fewer gymnasts – warm-up all 8, then compete.
2. Squads of 9 or more gymnasts – warm-up half the squad, then compete; warm-up second half of squad, then compete.
3. Any size squad - warm up athletes between competitive routines.
 - When using this option, an adult monitor (not the judges) must be assigned to regulate the number of athletes on the floor at onetime and to keep track of the competitive order.
 - A gymnast is allowed to start warming up when there are only five more competitor ahead of her. Each athlete will be allowed five turns on the Floor Exercise mat prior to her time to compete.
 - See the 2005-06 *Women's Rules & Policies* for specific examples.

H. LEVEL 5 ACHIEVEMENT AWARDS

The distribution of achievement awards for Level 5 competitions is at the discretion of the State Administrative Committee.

I. USE OF CELL PHONES

All individuals involved in the competition "field of play" are required to either turn off their cell phone or set it at vibrate mode during competition.. Any calls should be made outside the field of play.

J. LEVEL 1-4 JUDGES

Any USA Gymnastics Professional or Jr. Professional Member is allowed to judge at USAG-sanctioned Level 1-4 competitions. The State Administrative Committee may decide the specific requirements for judges at those levels.

K. EMERGENCY CANCELLATION BY A JUDGE

As a professional courtesy, if a judge has to come off a meet due to personal emergency and he/she has an airline ticket, he/she should work with the airlines to try to recoup the airfare either through a refund or paying a change fee to use the ticket for themselves at a later date. If any money is recouped, the Meet Director should be refunded.

L. 2005 BREVET/NATIONAL/LEVEL 10 RECERTIFICATION COURSES

Brevet Courses:

January 15-22	Intercontinental Course –	Osaka, Japan
February 2-5	Continental Brevet Course –	Indianapolis, IN
February 6-9	USAG Brevet Course –	Indianapolis, IN

In June of 2005, new compulsory routines as well as new Optional rules for the next cycle will be presented at the Master Compulsory Workshops and Technical Symposiums. The present Compulsory rating is valid through December 31, 2005. All judges will be required to re-certify for the new Compulsories (for the 2006-2013 cycle) by passing a written exam.

Level 10 Re-certification Courses:

June 4-5 at Technical Symposium -	Louisville, KY
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"What's New for the Women's Jr. Olympic Program in 2004-2005"

(Held a Level 10 rating in 2 cycles

June 11-12 at Technical Symposium - Reno, NV

1997-2001 & 2001-2005)

July 14-17 at NAWGJ Symposium - Portland, OR

August 11-13 at National Congress - Indianapolis, IN

National Courses:

1st course-for current National-rated officials August 14-17 - Indianapolis, IN

2nd course-first time invitees August 18-21 - Indianapolis, IN

(Held a Level 10 rating since at least Dec. 31, 1997)

II. TECHNICAL UPDATES

A. COMPULSORY

If a JO athlete omits a major element in a compulsory exercise and then performs it later (out of order) or at the completion of the routine, the deduction for deliberate omission will be applied. The element is not to be evaluated, except in the case of a fall, for which a 0.50 deduction will be applied.

B. OPTIONAL VAULT

1. A Level 9 Vault Chart will be developed (and posted on the USAG web site and in *Technique* magazine) to avoid confusion as to which Groups 4 and 5 vaults are presently allowed at this Level.
2. DETERMINING VAULT VALUES
 - a. Group 3: $\frac{1}{2}$ on - $\frac{1}{2}$ off, front salto vaults may also be performed with a $\frac{1}{4}$ on - $\frac{3}{4}$ off using the same number and start value. No deduction for incomplete $\frac{1}{2}$ turn will be applied.
 - b. Group 3: If a gymnast announces /attempts a $\frac{1}{4}$ on - $\frac{3}{4}$ off (or $\frac{1}{2}$ on - $\frac{1}{2}$ off) front salto vault, but performs a $\frac{1}{4}$ on - $\frac{1}{4}$ off (twisting in opposite directions) to a front salto vault, it will be considered the same as a Handspring front salto vault and appropriate deductions will be taken.
3. CHIEF JUDGE DEDUCTION:
The Chief Judge takes the 1.00 deduction for performance of a one arm vault from the average score, if at least half of the vault panel saw that only one hand touched the vault table.

C. OPTIONAL UNEVEN BARS

1. Clarification of when to resume judging after the gymnast falls:
 - a. Compulsory – judging resumes from the point of interruption.
 - b. Optional – judging resumes with the performance of an element that is listed in the *FIG Code of Points* or the *JO Element Supplement*.
 - Note: Level 10's are allowed only one cast to squat-on without penalty. Therefore, after a fall, the gymnast should not use a glide kip-cast squat-on to remount unless there are no other squat-ons in the exercise.
2. Stalder circle clarification: #6.204 Stalder circle backward to clear support is a "B" element and should show an opening of the shoulder angle on the upward part of the circle. #6.104 Clear straddle circle backward to clear support is an "A" element and appears as a straddle seat circle to a straddle "L" position, with no opening of the shoulder angle.
3. Clarification of #3.304 - Back Uprise immediate Clear Hip Circle:
For Levels that are allowed to perform "C" elements (Levels 8-10), one "C" value part will be awarded if an uprise backward to immediate clear hip circle to handstand finishes within 10° of vertical.
 - If the clear hip does not attain the handstand phase, the skill will be evaluated as two "B" elements (back uprise and clear hip circle.)
 - Since Level 7 gymnasts are not allowed to perform "C"s, if this element was performed, it will still be recognized as a two "B" elements, regardless of whether or not the clear hip circle attained the handstand phase.

D. OPTIONAL BEAM

1. Simple mounts such as jump to front support (or anything comparable) will be valued at "A" for the counting of value parts.

“What’s New for the Women’s Jr. Olympic Program in 2004-2005”

2. Clarification regarding completion of turns (also applies to Floor Exercise): Once the heel drops onto the beam (or floor) during a turn, it is considered complete. Appropriate value part credit is awarded for the degree of turn completed prior to the heel drop.
3. CONNECTION VALUE CHANGES
 - a. Principle 10.4.1 – Connections of two (2) Acrobatic flight elements (excluding dismounts): C + C now receives +0.20
 - b. Principle 10.4.2 – Connections of at least three (3) Acrobatic flight elements (applies to mount, dismount and connections within the exercise): B + C + C (in any order of VP) now receives +0.20

E. NEW OPTIONAL ELEMENT VALUES FOR THE JO ELEMENT SUPPLEMENT

The following **NEW ELEMENTS WERE PERFORMED AT THE 2004 JR. OLYMPIC NATIONAL CHAMPIONSHIPS:**

Event	Description and (name of athlete)	Number	JO Value
Vault	Front Handspring onto board – Handspring front salto tucked with ½ twist (Mantle)	S2.410	10.00
Bars	Counterswing to front salto straddled to catch same bar (Bullock)	S2.406	D
	Weiler kip with 1/1 pirouette (Healy) after handstand (McCallister)	S3.507	E
	Circle swing forward in L-grip with ½ turn and straddle flight over the HB to hang on HB (Khorkina from L-grip) (Perret)	S5.506	E
	From a cast, uprise or backswing, straddle cut to salto backward tucked or stretched with 2/1 twist or more on LB or HB (Bounce-back/Tanac 2/1) (Bronson)	S8.410	D
Beam	Mount: from a side stand facing away from the beam, jump with ½ turn to chest stand	S1.208	B
	From a side stand, take off from 1 foot, swing free leg forward to minimum of 45°, then swing the leg backward to show 180° split in the air in a double stag-ring position to land on 1 or 2 feet (Concannon)	S2.507	E
	Split leap with leg change to cross split (over 180° split) and backward bending (arch) of upper body with head release (Switch-leg Yang Bo) (Courville)	S2.505	E

NEWS FOR THE 2005 – 2006 SEASON:

COMPULSORY EXERCISES:

New routines will be introduced in the summer of 2005 and will be effective August 1, 2005. These routines will be used through the spring season 2013.

Two Master Compulsory Workshops and Technical Symposia will be conducted to teach coaches the new routines and the new Optional rules:

June 2-5	Louisville, KY
June 9-12	Reno, NV

VAULT - EFFECTIVE AUGUST 1, 2005:

1. Level 8 gymnasts will be allowed to perform Round-off entry vaults with twists only (no saltos), as well as tuck and pike Yurchenko vaults with no twists.
2. Level 9 gymnasts will be allowed to perform all vaults listed, with no restrictions (same as Level 10).

Judges Perspective: My Olympic Trials Experience

By Elisabeth Crandall-Bader

I recently "survived" my first experience of judging the US Olympic Trials. This was an extremely exciting event to be a part of. As every Olympic trials and selection procedure for as long as I can remember has been unique, this trials also presented a whole new set of circumstances.



As every new system brings along some controversy, this is no different. To the outside observer or one just paying attention to the media, the assumption could be made that the "Olympic Trials" competition has become obsolete or meaningless. Another assumption could be made that the judgments given at this competition have no bearing on the selection of the team to represent the country in Athens.

I, however, would like to present my own perspective on the trials and selection procedure from the standpoint of both a judge and as an athlete who has been exposed to Olympic selection procedures in the past.

Throughout the media coverage, much was spoken to the point of the selection camp to be held at the Karolyi Ranch. However, not much was spoken about the current format for team competition in the finals of the Olympic Games. I believe that this is one of the most important factors to consider in regard to selecting the team.

The team final will be the same as it was at World Championships, where three athletes compete on each event and all three scores are counted. Thus, you are no longer looking for five or six athletes who can do four pretty strong events and give you a good all-around score. This philosophy works when the numbers are higher and more geared toward general consistency across the board. However, when you have to count only three scores, those three scores need to be the three highest scores you have on your team. You can't afford to have someone go up on an event who is consistent, but can only score pretty well. Every person you put up on an event has to have the possibility that when they hit their routine,

they will score big. Thus, you may have an athlete who has two or three extremely strong (9.45 or higher) events, but is just okay on the fourth event (9.0 or so), which would keep them out of the top six in the all around at the Olympic Trials or US Championships, but who would definitely be in the top three scores on three of the events. So, that particular athlete could possibly be more of an asset to the team than someone who can score pretty well (9.2-9.4) on all four events, even though the second athlete would probably have a higher all around score.

Another point to consider is that each team can only qualify two athletes in total to the all-around final. So, it is not really beneficial to have more than three athletes competing in the all-around. All-arounders qualify out of the preliminary team competition, where five athletes compete and four scores are counted.

So you see, it is like a puzzle to be assembled...where can you get your highest three scores on each event when choosing from six athletes? This is what the selection committee is trying to determine. This is where the trials and the judges come in.

Just because the team was not selected solely from the trials or from competition, every time the athletes step out onto the floor to compete, their scores are being measured against all of the other scores, and the committee is plugging in those scores and strategizing how to put the best team together. Also, the girls are being measured on how they respond to competition and the pressure of the process. As I see it, the judge's part is just to give the committee as much information as we can to help them make good decisions in regard to putting the best team on the floor.

Lastly, as negative as this process can sometime seem, this is a process that the athletes and coaches, along with USA Gymnastics, have created and agreed to together. They are all on the same page in wanting the USA to be the strongest country in the world, and doing whatever it takes to get there, while still protecting the athletes. With that said, I am just as interested as any of you to see who ends up on that plane to Athens. Whoever it is, they will take the world by storm and make me proud to stand up and say, "Go USA!!"

Upcoming Events and Information

Active Status

You must complete an active status card every year and send it to Karen Stump by December 31 of that year. Always keep a copy of it for your records.

If your active status card is incomplete it will affect your ability to judge. You may only be assigned on meets as a last resort. This is a rule from NAWGJ National that we **must** follow.

Pay Your Dues!

NAWGJ will not pay late fees for dues. If your dues need to be paid prior to Judge's Cup, **pay them** so they are not late. If you work judge's cup, NAWGJ will pay your dues and you will be one year ahead. Playing 'catch-up' each year can mean not getting assignments and having penalties assessed for being late.

Judge's Cup Information

Judges cup will be held August 21 & 22 at California State University, Sacramento (CSUS). The theme will be "Summer in Greece". We would like the judges to dress like a character out of Greek Mythology. Please **no bare midriffs** and be tasteful in what you choose to wear. If you have a question as to whether something is appropriate please give Kathy a call (530-749-2918).

If you would rather not dress in character, wear the NAWGJ Judges uniform: navy pants or skirt and a white shirt.

Please bring a six pack of your favorite beverage or water to share at Judges Cup.

Judge's Training

Laurie Russi, Trainer

Compulsory training sessions are being scheduled for this August in both Sacramento and the Bay Area. Watch for more information via email. If you know anyone who is interested in becoming a judge, please have them call or email me at 916-745-2057 or laurie@russi.org.

Testing

This may be your last opportunity in 2004 to test. We will be holding the level 5-10 test on Sunday, August 29, at the Santa Clara Marriott. Your registration must be postmarked by August 11, 2004. You must pre-register.

Congress

Don't delay register through Kathy for Region 1 Congress and receive the great rate of \$105. Your registration must be postmarked by July 31 to receive this rate.

You must register on-site if you miss the deadline and it will cost you \$170. You can check out the schedule of classes on-line at www.region1congress.com.

We will even be having a scrapbook night so if you are interested, bring your scrapping stuff and join us.

Base Score

We will be holding the Nor-Cal Base Score on Saturday, August 28, at Region 1 Congress, from 2:00 – 3:30, in Salons A & B. I urge each of you to attend.

Attendance at Congress is not required and **there is no fee to attend the Base Score Clinic.**

All About Us

Siobhan Olliges was married on June 6, 2004. to Jay Truesdale in Asilomar State Beach Monterey

Siobhan also just finished a teaching credential program at Sac State (May 2004) and will be teaching 6th grade in Roseville starting in August!

Baby Ulloa #2 is expected to arrive on October 31st! The Ulloas do not intend to find out the gender until the birth date. They are all very excited about the newest addition to their family!

Last year, **Ellie Chynoweth** was **nominated** for: Small Business Woman of the Year by the Sacramento Metro Chamber of Commerce and Business Woman of the Year by the National Association of Women Business Owners (NAWBO)

She spoke at the PGA show in San Diego on "Marketing Your Tournament to Maximize Revenue".

Mo Kohler is going to have another baby. This time she is due in January!

Maria Ohlsen did her 1st (of many to come!) marathons...the Napa Valley Marathon on March 7th. She did a cartwheel at the finish line.

Region 1 Congress

By Cheré Tamura



Region I Congress is designed to offer the best education, with the best clinicians, at a very affordable price, to every discipline of gymnastics.

The hope is that coaches and judges will be able to learn the same information, share ideas, and make this a better sport for all. It is my belief that coaches and judges must work together as a team. If we learn the same techniques (or learn all the techniques that are acceptable) and the same rules, everyone will benefit. As a Judge, it is frustrating to watch a gymnast perform flawlessly, only to give a low score because it was not designed to be valued at 10.0. As a Coach, it is infuriating to have a gymnast penalized for performing a different technique than the judge is expecting. In a relaxed atmosphere everyone is more amenable to learn.

I have been actively involved in running the event for over nineteen years. After working with four past Chairmen, I was ready to undergo the endeavor. I saw a real need to address all aspects of running a successful gym. Training young coaches, helping them grow past their own personal experience, helping them teach in a safe manner is my goal.

Region I Congress is a labor of love and a family operation. My daughters, Marlena and Heather, were instrumental in making it possible for me to increase our enrollment across the United States. They personally copied, collated, addressed, and stamped over 3,000 pieces of mail every year. They responded to phone calls and emails before I even returned home! Josie Rozzelle has been responsible for registration for the last several years. Her daughter, Melanie, has also typed name badges, stuffed letters, and handled any number of different tasks.

It takes over ten months to plan, prepare, and execute Region I Congress. As soon as one is over, preparations for the next year have already begun. I have been involved in gymnastics for over 42 years, and this is my gift back to the sport I love. If 1,000 people (or more) attend Congress, how many gymnasts have been enriched by the knowledge and enthusiasm their coach returns to share with them? This is what keeps us going, what makes us smile at the conclusion, and our motivation to start again for the next year.

Region 1 Congress Judges Registration Form

Congress August 27-29, 2004

CONGRESS COSTS:

\$ 85.00 (Postmarked by June 30)

\$ 105.00 (Postmarked by July 31)

You will not get these great rates after July 31.

Mail to: Kathy Lopes
479 Bettencourt Lane
Marysville, Ca 95901

Minimum age for Congress is 16.

Name _____

Birth Date _____ USA Gymnastics No. _____

Email Address _____

Home Address _____

City _____ State _____ Zip _____

Day Phone _____ Night Phone _____

MAKE CHECKS PAYABLE TO NAWGJ TOTAL AMOUNT ENCLOSED _____

Women's Gymnastics Judge Certification Exam



August 29, 2004
Santa Clara Marriott 2700 Mission College Blvd.
Santa Clara, CA 95054

Sunday, August 29, 2004

PRACTICAL EXAMINATION: (Level 10) 1:15-2:45
PRACTICAL EXAMINATION: (Level 9) 9:00-10:30
PRACTICAL EXAMINATION: (Level 8) 9:00-10:30

Sunday, August 29, 2004

WRITTEN EXAMINATION: (ALL LEVELS) 11:00-12:30.
Please arrive 15 minutes prior to test to check in.

Fee: \$25.00 per part - Make Check Payable to NAWGJ ALL FEES ARE NON-REFUNDABLE!

MUST BE POSTMARKED BY August 11, 2004

Please return this form with the testing fee to:

Kathy Lopes
479 Bettencourt Lane
Marysville, CA 95901
Phone: 530-749-2918

Please enclose a copy of your current rating card to verify the exam you are eligible to take:

JN# _____ or NR# _____ Current Rating _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

E-mail _____

Check those which apply:

Practical Exam (Film)

____ Level 8
____ Level 9
____ Level 10

Written Exam:

____ Level 5/6
____ Level 7/8
____ Level 9
____ Level 10

Part:

____ A ____ B
____ A ____ B
____ A ____ B
____ A ____ B

**Check part A if this is the first time you are taking the test at that level this year and check part B if this is the second time taking the test at that level this year.

Congratulations New Judges



We have two new accomplishments in Nor Cal:
Please congratulate Cara Bennett for passing her 5/6 test. Cara is from Grass Valley. Also congratulations to Whitney Slater for passing her level 9.

Nettie Winner!

Nor-Cal won a Nettie at the SJD course for most Informative Article in our newsletter. It was the "Technical Information from Region 1 Base Score" by Toni Cupal. Other winners included:
Best Layout and Design - S. CA., Best Web Site - Florida, Most Humorous - Montana, Best Feature - Arkansas.

Calendar of Upcoming Events

Month	Date	Event
July	24-31	US Championships & JO Nationals-Palm Springs
August	7	National Gymnastics Day
	13-29	Games of the XXVIIIth OLYMPIAD-Athens, Greece
	21-22	Judges Cup-CSUS
	27	Nor Cal Meeting Santa Clara Marriott
	27-29	Region 1 Congress-Santa Clara Marriott
	28	NAWGJ Board Meeting-Santa Clara Marriott
September	6	Labor Day
October	11	Columbus Day
November	6-7	Zone Championships
	13-14	Level 6 State
	20-21	Level 5 State

National Judges Cup 2005 January 7,8 and 9
The Morial Convention Center New Orleans, Louisiana.
More information to come.



Jeri Foley

7525 McMullen Way
 Sacramento, Ca.95828

Fax:916-682-3853

We're on the Web!

www.nawgj-ncal.org